

Chelwood Nursery School

Chelwood Walk,
St Norbert Road,
Brockley
London
SE4 2QQ

Telephone: 020 7639 2514

Fax: 020 7635 8017

E-mail: admin@chelwood.lewisham.sch.uk



Monday 20th May 2019

Dear parents and carers,

Summertime at Chelwood, Sun Protection Policy

Now that the weather is getting hotter, we need you to be aware of our **Sun Protection policy**.

This has been developed over a number of years and has been informed by training provided by the SunSmart Campaign (Cancer Research UK).

Our policy aims to ensure that we can all enjoy the sun safely over the coming months.

The sun's rays are particularly strong over the summer and they can damage children's skin. This may not seem like a problem right now, but sadly it could lead to skin cancer in later life. Your child's health and well-being are very important to us and this policy aims to help parents, staff and children understand more about how to keep safe in the sunshine.

We will spend time discussing sun protection at school and involve the children in story sessions, songs and sun awareness activities. We will be utilising the natural shade in the garden and creating more shaded areas with parasols, 'pop-up' gazebos, and by creating dens.

- **All children will be required to wear a hat when they play outside.** Children can bring their own sun hat, **which must have their name in it**, or they can use one of the school sun hats. School sun hats are Legionnaire style sun hats with a peak at the front to shade the eyes, and a flap at the back to protect the back of the neck.
- **All children must have their shoulders covered whilst in school.** We recommend loose fitting long-sleeved cotton shirts and blouses which are comfortable to wear, whilst at the same time offering the level of protection that is needed from the damaging rays of strong sunlight.
- **Sunscreen creams should be applied before the children come to school.** It is parent's/carers responsibility to ensure children have sunscreen applied before children come to school. There are now lots of long lasting sunscreen available and a waterproof sunscreen is a good idea for children playing at Chelwood.

Full-time children who are attending school all day, will need an additional application of sunscreen in the middle of the day.

Staff will be supervising children applying their own sunscreen and helping those that are not able to apply sunscreen by themselves. If you would like your child to be included please return the sunscreen permission form **with** a bottle of **factor 30+** sunscreen clearly labelled with your child's name.

However, please remember that the effectiveness of these creams is very short lived, and it is far wiser to **cover up** for protection.

Copies of the school's Sun Protection policy are available from the display outside the school office.

Your support is very important if our policies are going to work.

How you can help:

- at home please talk to your child about the importance of sun protection
- remember to send your child to school with a hat, sunscreen and shoulders covered.

All children must have their shoulders covered from the sun and wear a sun hat whilst they are in school.

Safe footwear

Please could I also remind you of the school rules about summer footwear.

Many summer sandals are not suitable for school as they do not provide sufficient grip and can be very slippery and unsafe when the children run and use the climbing and balancing equipment. **Children must wear shoes that cover and protect their toes when they come to school. Open-toed sandals, clogs, 'Crocs', 'jellies' and flip-flops are not allowed at Chelwood.**

If you are in any doubt about the suitability of your child's footwear for school a member of staff can advise you.

Together I hope we can have a very happy and safe Summer term!

Best wishes

Nikki Oldhams
Headteacher



Sun screen permission

(for **full-time** children who stay at school all day)

Child's name:

Class:

I give permission for my child to be supervised by staff whilst they apply their own sunscreen.

I understand that staff will help those children that are not able to apply sunscreen by themselves.

I will send my child to school with a bottle of **factor 30+** sunscreen clearly labelled with their name for use in school.

Signed: _____ (Parent/Guardian)

Print: _____

Date: